

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# How many bones are in the human body?



## READ

An adult has 206 bones. Together they form the skeleton, which works like the frame of a house: it holds your body up, protects what is inside and, with the help of muscles, lets you move. Babies are born with more bones, which join together as they grow.

### 1 Which part is it? Use the words in the box.

**Skull****Sternum (breastbone)****Ribs**

1. These are the bones of the head. They protect the brain and shape the face. They have a page of their own. \_\_\_\_\_
2. Twelve pairs of curved bones that make a protective cage around the heart and lungs. \_\_\_\_\_
3. It is the flat bone in the middle of your chest. The ribs attach to it at the front. \_\_\_\_\_

### 2 Match each part to what it does. Write the letter.

- |                                                  |                                              |
|--------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> 1. Neck vertebrae       | <b>A.</b> Holding up and turning the head    |
| <input type="checkbox"/> 2. Upper back vertebrae | <b>B.</b> Connecting the spine to the pelvis |
| <input type="checkbox"/> 3. Lower back vertebrae | <b>C.</b> Holding the ribs                   |
| <input type="checkbox"/> 4. Sacrum               | <b>D.</b> Carrying the body's weight         |

### 3 True or false? Write T or F.

- |                                                                                            |  |
|--------------------------------------------------------------------------------------------|--|
| <input type="checkbox"/> 1. <b>Skull:</b> cushioning between vertebrae                     |  |
| <input type="checkbox"/> 2. <b>Ribs:</b> protecting the heart and lungs                    |  |
| <input type="checkbox"/> 3. <b>Sternum (breastbone):</b> holding the ribs at the front     |  |
| <input type="checkbox"/> 4. <b>Spinal discs:</b> protecting the brain and shaping the face |  |

### 4 Think and answer

How many bones does a baby have?

\_\_\_\_\_

\_\_\_\_\_



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# Answer key: How many bones are in the human body?

## 1 Which part is it?

1. Skull
2. Ribs
3. Sternum (breastbone)

## 2 Match each part to what it does.

1. A
2. C
3. D
4. B

## 3 True or false?

1. F (Skull: protecting the brain and shaping the face)
2. T
3. T
4. F (Spinal discs: cushioning between vertebrae)

## 4 Think and answer

A newborn has about 270 to 300 bones and bone pieces. Many of them join as the child grows, such as the skull and sacrum bones, until reaching the adult 206.

