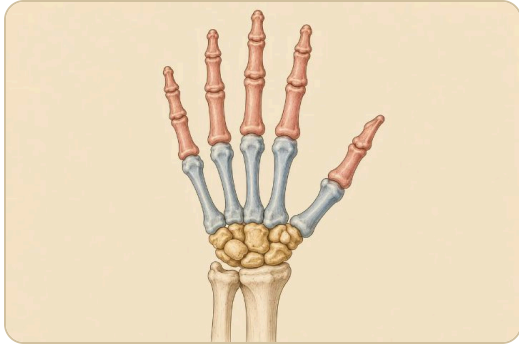


Name: _____

Date: _____

How many bones are in the hand?



READ

Each hand has 27 bones: 8 very small ones in the wrist, 5 in the palm and 14 in the fingers. Having so many little bones is what lets the hand make delicate movements, like holding a pencil or picking up a pebble.

1 Which part is it? Use the words in the box.

Lunate

Triquetrum

Scaphoid

1. One of the 8 little wrist bones. Its shape is a bit like a small boat. _____
2. A little wrist bone shaped a bit like a half-moon. _____
3. A little wrist bone with three corners, on the little-finger side. _____

2 Match each part to what it does. Write the letter.

- ☐ 1. Pisiform
- ☐ 2. Trapezium
- ☐ 3. Trapezoid
- ☐ 4. Capitate

- A. Being the center of the wrist
- B. Anchoring a tendon
- C. Supporting the index finger
- D. Letting the thumb swivel

3 True or false? Write T or F.

- ☐ 1. **Scaphoid:** linking the wrist to the thumb side
- ☐ 2. **Lunate:** sitting at the center of the wrist
- ☐ 3. **Triquetrum:** supporting the ring and little fingers
- ☐ 4. **Hamate:** forming the little-finger side of the wrist

4 Think and answer

Why is the thumb so important?



Spin it in 3D and read more
anatomytour.com/en/hand

Answer key: How many bones are in the hand?

1 Which part is it?

1. Scaphoid
2. Lunate
3. Triquetrum

2 Match each part to what it does.

1. B
2. D
3. C
4. A

3 True or false?

1. T
2. T
3. F (Triquetrum: forming the little-finger side of the wrist)
4. F (Hamate: supporting the ring and little fingers)

4 Think and answer

Because it can swivel and touch the tip of every other finger.

